

## **DAILY ROUTINE FOR PRE-KINDERGARTEN**

7:00 AM- 9:00 AM – Arrival & Breakfast table opens at 8 AM

9:00 AM- 9:20 AM – Handwriting

9:20 AM – 9:40 AM – Bathroom & Hand Washing

9:40 AM – 10:15 AM – Free Play-Dramatic Play

10:15 AM - 10:30 AM – Clean Up

10:30 AM - 11:00 AM – Snack

11:30 AM - 12:00 PM – Outdoor/Indoor Play, Gross Motor Skills

12:00 PM - 12:30 PM – Circle Time

12:30 PM - 1:00 PM – Lunch Time

1:00 PM - 2:30 PM – Rest Time

2:30 PM - 2:45 PM – Bathroom & Hand Washing

2:45 PM - 3:30 PM – Outdoor/Indoor Play, Gross Motor Skills

3:30 PM - 3:40 PM – Hand Washing

3:40 PM – 4:00 PM – Afternoon Snack

4:00 PM - 4:30 PM – Music and Movement

4:30 PM - 6:00 PM- Free Choice / Puzzles and Table Toys